



## 2009 HEROES RUN 5K RACE RESULTS APRIL 26, 2009



Overall	Division	Bib	Name	Representing	Division1	5k
1	1	305	OHARA, Gerald	EAST ROCKAWAY NY	Overall Male	00:17:48.654
2	1	56	DREW, Ben	EAST ROCKAWAY NY	M30-34	00:19:50.571
3	1	267	DUNNING, Kyle	EAST ROCKAWAY NY	M15-19	00:20:03.929
4	1	145	ROGERS, Brian	EAST ROCKAWAY NY	M35-39	00:21:08.251
5	1	136	PETERMANN, Jessica	AMITYVILLE NY	Overall Female	00:21:08.863
6	1	216	KARL, Greg	MASSAPEQUA NY	M60-64	00:21:10.230
7	1	308	ARBEITER, Eddie	PLAINVIEW NY USA	M55-59	00:21:13.601
8	1	68	GEISER, James	EAST ROCKAWAY NY	M14&Under	00:21:22.363
9	1	129	OCONNOR, Michael	EAST ROCKAWAY NY	M40-44	00:21:28.902
10	1	11	BENJAMIN, Mark	QUEENS NY	M25-29	00:21:37.879
11	2	231	CROWLEY, Brian	WEST HEMPSTAED	M35-39	00:21:52.135
12	1	96	KOEHLER, John	WEST HEMPSTEAD NY	M50-54	00:22:00.162
13	2	74	GRAND, Shawn	OCEANSIDE NY	M30-34	00:22:01.819
14	1	391	MURPHY, Shannon	EAST ROCKAWAY NY	F30-34	00:22:06.516
15	3	159	SIRAGUSA, Gregory	WEST ISLIP NY	M30-34	00:22:11.434
16	1	331	BANACORE, Mauri	OCEANSIDE NY	F35-39	00:22:12.934
17	4	322	DESSART, Brian	EAST ROCKAWAY	M30-34	00:22:15.974
18	1	133	PASKOFF, Jayne	LYNBROOK NY	F40-44	00:22:20.505
19	2	230	ALVAREZ, Boris	LYNBROOK NY	M40-44	00:22:34.399
20	1	90	IROM, Alan	OCEANSIDE NY	M45-49	00:22:35.737
21	3	121	MCNULTY, Chris	LYNBROOK NY	M40-44	00:22:37.302
22	3	222	BRUZZESE, Adam	ROCHAWAY PARK NY	M35-39	00:22:44.337
23	2	269	FULLER, Matt	EAST ROCKAWAY NY	M15-19	00:22:46.629
24	2	213	LITHEIN, Thomas	LYNBROOK NY	M50-54	00:23:04.545
25	2	263	DELURY, Dylan	EAST ROCKAWAY NY	M14&Under	00:23:16.022
26	3	130	OSHRAIN, Adam	WOODMERE NY	M15-19	00:23:19.203
27	3	85	HERNANDEZ, Mark	EAST ROCKAWAY NY	M14&Under	00:23:25.158
28	2	147	SANTINI, Albert	CENTREVILLE NY	M25-29	00:23:32.958
29	3	105	LUKENS, Mark	EAST ROCKAWAY NY	M50-54	00:23:33.415
30	4	113	MARGIES, John	OCEANSIDE NY	M40-44	00:23:46.286
31	4	50	DIGREGORIO, Danny	LYNBROOK NY	M14&Under	00:23:57.210
32	4	234	GOLLIVER, Joe	EAST ROCKAWAY NY	M15-19	00:23:59.906
33	4	226	MUHLBAUER, Carl	MELVILLE NY	M50-54	00:24:12.163
34	4	18	BROBSTON, Stephen	LYNBROOK NY	M35-39	00:24:13.141
35	1	43	DAUSCHER, Sheila	MALVERNE NY	F50-54	00:24:17.190
36	5	30	COEN, Kevin	FLORAL PARK NY	M50-54	00:24:21.179
37	5	59	EIBER, Sam	SEARINGTOWN NY	M14&Under	00:24:32.430
38	1	135	PERLIN, Scott	OCEANSIDE NY	M20-24	00:24:40.294

39	6	116	MCCLURE, David	EAST ROCKAWAY NY	M14&Under	00:25:05.068
40	2	20	BROWER, Donna	ROCKVILLE CENTRE NY	F40-44	00:25:05.385
41	5	392	MENDOZA, Hans	LYNBROOK NY	M35-39	00:25:10.829
42	6	112	MANGINO, John	EAST ROCKAWAY NY	M50-54	00:25:11.265
43	1	327	BERNSTEIN, Abe	MANHASSET NY USA	M70-79	00:25:16.891
44	2	395	ALVAREZ, Igor	LYNBROOK NY	M20-24	00:25:26.136
45	7	307	SCHLOTH, Jonathan	LYNBROOK NY	M14&Under	00:25:28.107
46	2	54	DONNELLY, Kenneth	EAST ROCKAWAY NY	M45-49	00:25:29.244
47	2	138	PLETENIK, Sam	MASTIC BEACH NY	M55-59	00:25:29.592
48	6	93	KAPLAN, Gary	EAST ROCKAWAY NY	M35-39	00:25:31.098
49	3	215	TOMASULO, Sal	EAST ROCKAWAY NY	M45-49	00:25:35.660
50	2	17	BROBSTON, Irena	LYNBROOK NY	F35-39	00:25:35.674
51	3	217	SHAPIRO, Edward	WEST HEMPSTED NY USA	M20-24	00:25:41.824
52	8	44	DEGIULIO, Dominic	EAST ROCKAWAY NY	M14&Under	00:25:48.929
53	5	259	WARNER, Josh	EAST ROCKAWAY NY	M15-19	00:26:00.294
54	7	262	OXLEY, Dwayne	ISLAND PARK NY USA	M35-39	00:26:05.382
55	9	104	LORES, Joseph	EAST ROCKAWAY NY	M14&Under	00:26:06.579
56	3	89	ILOWIT, Micah	NEW YORK NY	M25-29	00:26:14.015
57	5	84	HELLER, Keith	BLUE POINT NY	M30-34	00:26:16.423
58	3	99	KUNSTLER, Roni	HEWLETT HARBOR NY	F40-44	00:26:25.825
59	1	95	KNOPF, Mckerrah	HEWLETT NY	F15-19	00:26:28.406
60	5	7	ARMENDINGER, Hank	EAST ROCKAWAY NY	M40-44	00:26:34.701
61	3	109	MAHLER, Marisol	OCEANSIDE NY	F35-39	00:26:35.580
62	1	161	SIRAGUSA, Patricia	WEST ISLIP NY	F25-29	00:26:42.027
63	10	103	LORES, Michael	EAST ROCKAWAY NY	M14&Under	00:26:46.082
64	6	150	SCHORR, Michael	EAST ROCKAWAY NY	M30-34	00:26:48.672
65	11	179	YANG , Michael	VALLEY STREAM NY	M14&Under	00:26:50.105
66	7	102	LEVINE, Lou	OCEANSIDE NY	M50-54	00:26:55.036
67	12	6	ARENA , Vincent	EAST ROCKAWAY NY	M14&Under	00:27:02.684
68	3	221	MULVEY, Lawrence	WESTBURY NY	M55-59	0
69	7	107	MAGILL, Brian	COMMACK NY	M30-34	00:27:12.429
70	2	81	HARRIS, Samantha	EAST ROCKAWAY NY	F15-19	00:27:14.743
71	8	92	JONES, William	EAST ROCKAWAY NY	M30-34	00:27:17.002
72	9	110	MAHLER, Michael	OCEANSIDE NY	M30-34	00:27:33.356
73	4	214	OROURKE, Peter	BAYSHORE NY	M55-59	00:27:36.817
74	6	265	CURRAN, Brian	LYNBROOK NY	M40-44	00:27:48.377
75	6	117	MCCLURE, Danny	EAST ROCKAWAY NY	M15-19	00:27:56.418
76	8	108	MAGLIORE, John	HEWLETT NY	M35-39	00:27:56.797
77	1	330	JOYCE, Pavlette	ROCKVILLE CENTRE NY	F45-49	00:28:01.656
78	8	19	BROFSKY, Joseph	LYNBROOK NY	M50-54	00:28:04.819
79	4	163	SOLIS, Rod	POMONA NY	M25-29	00:28:08.081
80	5	326	MARTINEZ, J R	New York, NY	M25-29	00:28:11.289

81	13	394	MCKEON, Brian	ROCKVILLE CENTRE NY	M14&Under	00:28:18.307
82	2	3	ALVAREZ, Maritza	EAST ROCKAWAY NY	F45-49	00:28:24.145
83	9	304	TANZA, Raymond	LYNBROOK NY	M50-54	00:28:31.502
84	4	328	MASSETTI, Kenneth	LYNBROOK NY	M45-49	00:28:35.289
85	10	79	HARRIS, Marc	EAST ROCKAWAY NY	M50-54	00:28:35.349
86	5	273	CARBERRY, Bill	EAST ROCKAWAY NY	M45-49	00:28:36.570
87	7	13	BLOECKER, Ronald	OCEANSIDE NY	M40-44	00:28:43.753
88	4	323	CONDON, Kerry	ROCKVILLE CENTRE NY	F40-44	00:28:45.084
89	6	266	BECKER, Hilary	LYNBROOK NY	M45-49	00:28:46.476
90	5	158	SIRAGUSA, Gregory	WEST ISLIP NY	M55-59	00:28:52.157
91	4	152	SCHULZE, Kimberly	LONG BEACH NY	F35-39	00:28:52.929
92	7	69	GERSTMAN, Daniel	EAST ROCKAWAY NY	M45-49	00:29:04.160
93	8	174	WEYANT, Ralph	RONKONKOMA NY	M45-49	00:29:07.090
94	6	149	SCHLANER, Timothy	BALDWIN NY	M25-29	00:29:09.367
95	2	124	MILLIGAN, Christie	BALDWIN NY	F25-29	00:29:09.457
96	11	206	NICOLETTI, Bill	LYNBROOK NY	M50-54	00:29:11.599
97	10	146	ROTH, Vincent	EAST ROCKAWAY NY	M30-34	00:29:12.882
98	11	123	MICYK, Henry	BELLEROSE TERRACE NY	M30-34	00:29:22.859
99	3	120	MCKEON, Jennifer	ROCKVILLE CENTRE NY	F45-49	00:29:24.517
100	7	28	CASTELLANO, Lee	TOMKINS COVE NY	M25-29	00:29:24.781
101	2	167	TOLLIN, Kate	EAST ROCKAWAY NY	F50-54	00:29:32.404
102	3	155	SHERIDAN, Kathy	EAST NORTHPORT NY	F50-54	00:29:42.894
103	14	61	EIBER, Danny	SEARINGTOWN NY	M14&Under	00:29:53.513
104	2	151	SCHORR, Andi	EAST ROCKAWAY NY	F30-34	00:29:55.362
105	9	396	DALY, Dan	LYNBROOK NY	M45-49	00:29:59.248
106	12	154	SHERIDAN, Bill	EAST NORTHPORT NY	M50-54	00:29:59.879
107	3	197	HARVEY, Joanne	LONG BEACH NY USA	F30-34	00:30:01.248
108	5	27	CARROLL , Sandy	LYNBROOK NY	F35-39	00:30:08.740
109	1	313	VULPIS, Mary Kate	East Rockaway	F14&Under	00:30:16.054
110	4	71	GHALY, Jennifer	MASSAPEQUA PARK NY	F30-34	00:30:16.497
111	8	171	VESEY, Christopher	LONG BEACH NY	M25-29	00:30:20.796
112	8	169	TROTTA, Michael	LYNBROOK NY	M40-44	00:30:30.186
113	6	5	APRILE, Michelle	EAST ROCKAWAY NY	F35-39	00:30:34.099
114	4	183	HAYES, Jane	EAST ROCKAWAY NY	F45-49	00:30:37.711
115	6	82	HASLETT, Fred	CEDARHURST NY	M55-59	00:30:39.320
116	3	83	HELLER, Michelle	BLUE POINT NY	F25-29	00:30:48.789
117	4	88	HYAMS, Erica	LONG BEACH NY	F25-29	00:30:52.421
118	15	324	DONOGHUE, Collin	LYNBROOK NY	M14&Under	00:30:53.832
119	12	325	DONOGHUE, Brendan	LYNBROOK NY	M30-34	00:30:56.044
120	3	302	ROSSETTI, Alli	EAST ROCKAWAY NY	F15-19	00:31:04.682
121	4	57	ECKERT, Amanda	EAST ROCKAWAY NY	F15-19	00:31:04.709
122	13	72	GINOCCHIO, Paul	OCEANSIDE NY	M30-34	00:31:12.749

123	7	131	OSHRAIN, Richard	WOODMERE NY	M55-59	00:31:14.499
124	9	219	RABIN, Charles	EAST ROCKAWAY NY	M35-39	00:31:15.651
125	5	172	VOLLKOMMER, Christine	OCEANSIDE NY	F40-44	00:31:18.802
126	5	200	KNAVER, Gillian	POINT LOOKOUT NY USA	F15-19	00:31:19.210
127	6	9	ATTANASIO, Annette	OCEANSIDE NY	F40-44	00:31:29.589
128	9	166	THOMAS, Jonathan	HOLBROOK NY	M25-29	00:31:29.595
129	9	290	BASIL, Chris	OCEANSIDE NY USA	M40-44	00:31:29.635
130	7	12	BLOECKER, Andrea	OCEANSIDE NY	F35-39	00:31:35.373
131	6	210	SUDEVR, Aisha	LONG BEACH NY USA	F15-19	00:31:39.897
132	1	29	CHIUCHIOLO, Susan	BLUE POINT NY	F55-59	00:31:51.516
133	1	168	TREUBIG, Emily	NYACK NY	F20-24	00:32:00.345
134	7	309	IMANDT, Kristina	OCEANSIDE NY USA	F40-44	00:32:03.825
135	8	25	CARROLL , Kathryn	VALLEY STREAM NY	F35-39	00:32:04.945
136	5	156	SHINN, Donna	OCEANSIDE NY	F45-49	00:32:05.309
137	9	26	CARROLL , Karen	EAST ROCKAWAY NY	F35-39	00:32:05.342
138	5	271	SMITH, Jessi	LAKE GROVE NY USA	F30-34	00:32:08.016
139	2	229	BARTO, Katie	EAST ROCKAWAY NY	F14&Under	00:32:15.063
140	3	220	KOEBORT, Julia	LYNBROOK NY	F14&Under	00:32:15.783
141	7	223	ESCHBACH, Erin	EAST ROCKAWAY NY	F15-19	00:32:19.732
142	8	268	DUNNING, Shannon	EAST ROCKAWAY NY	F15-19	00:32:19.881
143	4	15	BLOECKER, Samantha	OCEANSIDE NY	F14&Under	00:32:25.156
144	16	312	DAUBE, Matthew	EAST ROCKAWAY NY	M14&Under	00:32:49.863
145	7	67	GAGSTETTER, Terence	VALLEY STREAM NY	M15-19	00:32:52.891
146	10	180	ZIMATORE, Roland	ISLAND PARK NY	M45-49	00:33:02.248
147	17	142	RIKER, Eric	MALVERNE NY	M14&Under	00:33:09.742
148	8	191	TESORIERO, Sheri	OCEANSIDE NY	F40-44	00:33:14.117
149	5	264	PUTELO, Rachael	EAST ROCKAWAY NY	F14&Under	00:33:14.518
150	14	125	NORRIS, Mark	LYNBROOK NY	M30-34	00:33:14.940
151	9	258	JUNG, Kristin	EAST ROCKAWAY NY	F15-19	00:33:20.818
152	2	160	SIRAGUSA, Mary	WEST ISLIP NY	F55-59	00:33:27.815
153	9	10	BARBIERO, Karina	OCEANSIDE NY	F40-44	00:33:30.504
154	18	320	TOPIELSKI, Jonathan	EAST ROCKAWAY NY	M14&Under	00:33:39.941
155	8	319	TOPIELSKI, Matt	EAST ROCKAWAY NY	M15-19	00:33:39.975
156	10	192	WEBER, Lorraine	OCEANSIDE NY	F40-44	00:34:02.628
157	6	184	HAYES, Marykate	EAST ROCKAWAY NY	F14&Under	00:34:03.214
158	9	76	HALLAM, Robert	LYNBROOK NY	M15-19	00:34:25.460
159	6	77	HALLAM, Mary	LYNBROOK NY	F45-49	00:34:25.493
160	19	63	FILOTEO, Anthony	EAST ROCKAWAY NY	M14&Under	00:34:29.372
161	10	128	OCONNOR, Dayle	EAST ROCKAWAY NY	F35-39	00:34:33.886
162	20	235	REILL, Ian		M14&Under	00:34:36.137
163	10	106	LYNCH, Sean	LYNBROOK NY	M35-39	00:34:44.388
164	10	119	MCCORMACK, Patrick	EAST ROCKAWAY NY	M15-19	00:34:51.170

165	6	224	KATUKEN, Allison	OCEANSIDE NY USA	F30-34	00:35:26.772
166	11	48	DIGREGORIO, Larry	LYNBROOK NY	M45-49	00:35:26.858
167	11	8	ARMENDINGER, Claudia	EAST ROCKAWAY NY	F40-44	00:35:26.877
168	3	64	FINGERET, Janet	HEWLETT NY	F55-59	00:35:54.763
169	21	23	BUCKLEY, Matthew	LYNBROOK NY	M14&Under	00:36:20.927
170	8	164	SULLIVAN, Michael	OCEANSIDE NY	M55-59	00:36:32.701
171	7	14	BLOECKER, Danielle	OCEANSIDE NY	F14&Under	00:36:38.833
172	12	261	PUJOL, Lori	EAST ROCKAWAY NY	F40-44	00:36:39.035
173	10	233	PACHECO, Alli	EAST ROCKAWAY NY	F15-19	00:36:47.389
174	8	139	PUJOL, Shannon	EAST ROCKAWAY NY	F14&Under	00:36:47.452
175	13	53	DONNELLY, Barbara	EAST ROCKAWAY NY	F40-44	00:36:48.520
176	14	127	OCONNOR, Doreen	EAST ROCKAWAY NY	F40-44	00:36:49.239
177	12	98	KRULL, Alan	WOODMERE NY	M45-49	00:36:59.075
178	13	75	HALLAM, Robert	LYNBROOK NY	M45-49	00:37:00.717
179	9	228	BARTO, Melissa	EAST ROCKAWAY NY	F14&Under	00:37:10.871
180	1	321	MURPHY, Camielle	EAST ROCKAWAY NY	No Age - Female	00:37:12.517
181	2	204	MORAHAN, Mike	LYNBROOK NY USA	M60-64	00:37:20.212
182	4	97	KOPILOW, Robyn	LAWRENCE NY	F50-54	00:38:09.768
183	10	55	DOWER, Lindsay	EAST ROCKAWAY NY	F14&Under	00:38:13.861
184	11	4	ANDERSON , Cara	EAST ROCKAWAY NY	F14&Under	00:38:14.076
185	1	310	DOYLE, James	LYNBROOK NY	M65-69	00:38:14.403
186	12	70	GERSTMAN, Gaby	EAST ROCKAWAY NY	F14&Under	00:38:18.421
187	13	100	KUNSTLER, Emily	HEWLETT HARBOR NY	F14&Under	00:38:19.319
188	14	66	FREIMAN, Genny	HEWLETT NY	F14&Under	00:38:19.335
189	22	303	GIORDANO, Luke	EAST ROCKAWAY NY	M14&Under	00:38:22.228
190	7	165	SULLIVAN-MICYK, Eileen	BELLEROSE TERRACE NY	F30-34	00:38:29.704
191	13	87	HUGHES, Ed	EAST ROCKAWAY NY	M50-54	00:38:30.298
192	7	65	FREIMAN, Nanci	HEWLETT NY	F45-49	00:38:31.969
193	14	78	HAMMERMAN, Charlie	HEWLETT NY	M45-49	00:38:32.040
194	11	60	EIBER, Alec	SEARINGTOWN NY	M15-19	00:38:45.835
195	5	137	PLAYER, Stacy	LONG BEACH NY	F25-29	00:38:58.317
196	15	227	OLEWNICKI, Jacqueline	East Rockaway	F14&Under	00:39:32.876
197	9	39	DAGOSTINO, Joe	HOLBROOK NY	M55-59	00:39:44.341
198	15	236	CANGEMI, Joe	LYNBROOK NY	M30-34	00:39:53.993
199	3	306	ANTONETTE, Pat	EAST ROCKAWAY NY	M60-64	00:39:56.326
200	6	153	SCOCCIMARRO, Dania	NANUET NY	F25-29	00:39:59.733
201	4	115	MAZUN, Michael	ROCKVILLE CENTRE NY	M60-64	00:40:07.670
202	23	134	PASKOFF, Walt	LYNBROOK NY	M14&Under	00:40:52.434
203	14	132	PASKOFF, Robert	LYNBROOK NY	M50-54	00:40:58.853
204	2	311	CASTELLI, Larisa	COMMACK NY USA	F20-24	00:41:17.291
205	4	178	WYNNE, Debra	BALDWIN NY	F55-59	00:41:46.344
206	7	101	LEVI, Kimberly	HOLBROOK NY	F25-29	00:41:50.197

207	8	31	COHEN, Elizabeth	OCEANSIDE NY	F25-29	00:41:53.919
208	10	162	SMULISON, Justin	OCEANSIDE NY	M25-29	00:41:54.650
209	9	170	TRUGLIO, Tina	LONG BEACH NY	F25-29	00:41:57.954
210	10	314	MAYMOFFER, Caroline	HUNTINGTION NY USA	F25-29	00:42:16.943
211	10	218	BERMAN, Leigh	EAST ROCKAWAY NY	M55-59	00:42:24.872
212	15	232	FERTEL, Danny	MORGRAVALT NJ USA	M50-54	00:42:24.893
213	24	35	COOPER, Dean	EAST ROCKAWAY NY	M14&Under	00:42:35.917
214	1	37	CORELLA, Phyllis	OCEANSIDE NY	F65-69	00:42:51.904
215	11	194	SOPHIE, Corwin	LONG BEACH NY USA	F15-19	00:43:01.796
216	12	202	MCLOUGHLIN, Emily	LONG BEACH NY USA	F15-19	00:43:01.873
217	13	195	DANOSKI, Danielle	LONG BEACH NY USA	F15-19	00:43:02.076
218	15	111	COOPER, Michaelene	EAST ROCKAWAY NY	F40-44	00:44:06.071
219	11	393	GONZALEZ, German	ELIZABETH NJ	M35-39	00:44:50.306
220	8	270	BARRIOS, Roquelina	ELIZABETH NJ	F45-49	00:44:50.438
221	5	301	DELMAR, Henri	BRENTWOOD NY USA	M60-64	00:45:18.617
222	25	62	EIBER, Cole	SEARINGTOWN NY	M14&Under	00:45:27.915
223	11	225	EIBER, Bruce	SEARINGTOWN NY USA	M55-59	00:45:37.974
224	16	58	EIBER, Edna	SEARINGTOWN NY	F40-44	00:45:38.103
225	2	599	DELLARO, Virginia	OCEANSIDE NY USA	F65-69	00:46:10.425
226	11	173	WEINGARTNER, Robert	MASSAPEQUA NY	M25-29	00:46:49.654
227	5	211	WESSELHOFT, Patricia	BALDWIN NY USA	F55-59	00:52:57.090
228	1	45	DENNIS, George	MUTTONTOWN NY	M80&Over	00:53:00.043
229	14	199	KAPLAN, Brittany	LONG BEACH NY USA	F15-19	00:54:42.794
230	15	196	GALLAGHER, Megan	LONG BEACH NY USA	F15-19	00:54:46.300
231	16	376	KNOX, Tara	OCEANSIDE NY USA	F14&Under	00:58:33.001
232	17	260	COSTALAS, Jessica	OCEANSIDE NY USA	F14&Under	00:58:35.035
233	26	272	VELAZQUEZ, Roberto	LYNBROOK NY	M14&Under	01:01:49.839
234	1	329	REILL, Scott		No Age - Male	01:03:20.406
235	17	186	KEANE, Barbara	LYNBROOK NY	F40-44	01:03:47.963